

# New Elmcroft

St Giles Close, Shoreham-by-Sea, West Sussex BN43 6AT

**01273 466500**

Dementia Care

Elderly Care





# Welcome to New Elmcroft

**New Elmcroft Care Home is a 60-bedroom facility that was opened in 2008 in order to specialise in a wide range of care needs, including for people with long and short-term care needs, and people with dementia or physical disabilities.**

The aim of a highly-trained team of staff is to maintain a homely and hygienic environment, that residents can enjoy a varied day-to-day lifestyle in, while adhering to the highest standards of modern care regulations.

Personal freedoms are encouraged within the service and New Elmcroft is located close to both Brighton and Worthing, which allows for many popular outings throughout the year.





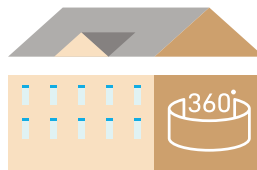


# New Elmcroft Overview

## A unique environment with -

- Assisted bathrooms
- Full wheelchair access
- Passenger lifts
- TV points in rooms
- Telephone points in room
- Secure garden
- Laundry service
- Dietary options
- Beauty treatments
- **30 Beds** Dementia Care
- **30 Beds** Elderly Care

We proudly deliver person-centric care focused around our residents wellbeing and their families. Freshly cooked meals, activities and local community involvement.



Take a look inside with a  
**Virtual Tour** of New Elmcroft on  
[www.shaw.co.uk](http://www.shaw.co.uk)

Elmcroft has been wonderful looking after my father. After witnessing their great service with my late father-in-law it was much easier putting my father into Elmcroft knowing the standard of care he would receive.

They have not let us down.  
*Daughter of Resident*









# Food & Nutrition

**We employ chefs at our services to deliver varied meals that provide flavour and nutrition.**

Our menus rotate monthly and are peppered with family favourites, there are always alternative options to cater for all tastes; fish & chips, roast dinners, pies, soups/casseroles, bangers & mash.

We have communal eating areas with laid tables or individuals can eat in their own rooms if they choose.

Any medical, cultural or religious dietary requirements are included in individual's care plans.

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## Sample Food Menu

Our chef prepares all meals on site using fresh, locally sourced produce and can cater for health dietary requirements such as diabetes and also for other cuisine needs.

**Monday**  
**Option 1.** Beef Casserole, Parsley Potatoes, Vegetables  
**Option 2.** Ploughman's Lunch

**Tuesday**  
**Option 1.** Ham & Parsley Sauce, New Potatoes, Vegetables  
**Option 2.** Sandwich Selection

**Wednesday**  
**Option 1.** Roast Pork & Apple Sauce, Roast Potatoes, Vegetables & Gravy  
**Option 2.** Pea & Ham Soup

**Thursday**  
**Option 1.** Chicken Stroganoff & Rice  
**Option 2.** Mushroom Omelette

**Friday**  
**Option 1.** Breaded Haddock, Fries & Petit-Pois  
**Option 2.** Cheese Board

**Saturday**  
**Option 1.** Cottage Pie, Peas, Carrots & Gravy  
**Option 2.** Chicken Curry

**Sunday**  
**Option 1.** Roast Turkey, Cranberry Sauce, Roast Potatoes, Vegetables & Gravy  
**Option 2.** Ham Salad



# Activities

At our residential services we have activity programmes to promote healthy minds and wellbeing. We adapt our programmes based on the feedback of our individuals and try to promote creativity and enjoyment. Individuals are invited to participate but it is not compulsory.

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## Sample Activities

Our activity schedules aim to both mentally and physically stimulate participants, they place emphasis on therapeutic enjoyment and provide opportunities to be social.

### Sample Week

**Monday**  
AM Water Colour Painting PM Chair Aerobics

**Tuesday**  
AM Gardening PM Music Therapy

**Wednesday**  
AM PAT Dog Visit PM Bingo

**Thursday**  
AM Puzzles & Games PM Arts & Crafts

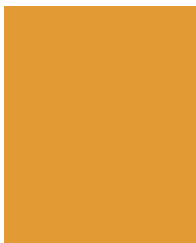
**Friday**  
AM Spa Treatments PM Musical Entertainment

**Saturday**  
AM Day Trip PM Bingo

**Sunday**  
AM Coffee Morning PM Movie Night







# Cost of Care

Choosing a care home can be a difficult time, understanding the types of care available and how the fees will apply to you.

The fees can vary according to whether you will be Self Funded or Local Authority funded and also on the individual and your care requirements.

Shaw healthcare offer a personalised care plan to ensure all of your needs are fully catered for. We can help you with calculating the cost of care through a Care Assessment to determine what your fees will be.

# The Next Steps

## Call

Call us to discuss your care requirements or to arrange a visit on;

**01273 466500**

## Email

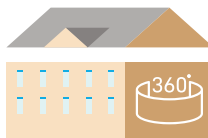
**marketing@shaw.co.uk**

## Arrange a Visit/View

**www.shaw.co.uk/elmcroft**

**Take a Virtual Tour.**

**Read our reviews**







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