

Maes-y-dderwen

Charles Street, Tredegar, Gwent NP22 4AE

01495 717181

Mental Health Care



Welcome to **Maes-y-dderwen**

The aim at Maes-y-dderwen is to meet the individual needs of every resident. To achieve this we use a person centred approach to care where the focus is on the strengths of the service users rather than pathology.

Maes-y-dderwen is designed for Individuals with a diagnosis of enduring mental health who may potentially gain benefit from participating in rehabilitation programmes whilst living in a community setting. We have a proven track record in the delivery of enablement services for people with enduring mental health, complex needs and behaviours that challenge.

The building has four flats, each with six bedrooms, a small lounge, diner and kitchenette area. Maes-y-dderwen follows a collaborative approach between our Nurse team and Occupational Therapy team with the aim of assessing every Individual's (recovery) ability and developing programmes which aid their rehabilitation.

We believe that everyone is entitled to rehabilitation regardless of age, diagnosis, history and the length of time they have been in receipt of care and support. Rehabilitation provides everyone with the opportunity to engage in community living.





Maes-y-dderwen Overview

A unique environment with - Care Types -

- Full wheelchair access
- Passenger lift
- TV points in rooms
- Telephone facilities
- Laundry facilities
- Mental Health Nursing
- Rehabilitation
- Substance Misuse
- Acquired Brain Injury

The type of person who could benefit from Maes-y-dderwen is someone who would like:

- wants to increase their independence.
- would like an opportunity to build relationships and improve coping skills.
- wants to build confidence and self esteem.
- would like to maintain a level of support that can increase or decrease as required.



We capture likes, dislikes, preferences with communications, mealtimes, activities, music or anything that makes that individual who they are a part of their care.

