

# Llys Hafren

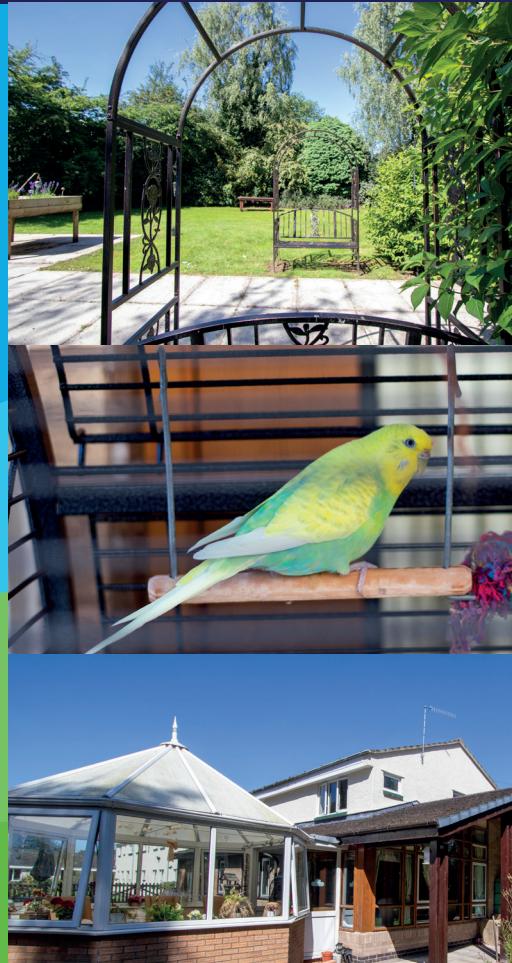
Severn Road, Welshpool, Powys, SY21 1AR

**01938 552917**

Residential Care

Dementia Care

Elderly Care





# Welcome to **Llys Hafren**

**Llys Hafren Care Home** has a friendly feel and welcomes residents to bring their own small possessions for decoration. Bedrooms are pleasantly furnished and decorated and for peace of mind all rooms are fitted with a 24 hour call system.

The landscaped garden with a water feature provides the perfect setting to relax or socialise with guests and visitors.

Care packages are put together with you and your family so that your choices and preferences always come first. The home offers a varied and interesting social activity schedule designed around residents' own hobbies and interests and aimed at maintaining strong community links.

Llys Hafren provides long stay and respite residential care for older people with physical frailty and for older people who are living with dementia. A fully qualified care team provide the very highest standard of care to residents 24 hours a day.



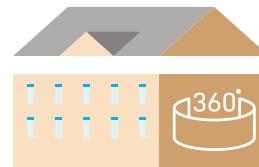


# Llys Hafren Overview

## A unique environment with -

- Assisted bathrooms
- Full wheelchair access
- Passenger lifts
- TV points in rooms
- Telephone points in room
- Secure garden
- Laundry service
- Dietary options
- Beauty treatments
- **40 Beds** Dementia / Residential Care

We proudly deliver person-centric care focused around our residents wellbeing and their families. Freshly cooked meals, activities and local community involvement.



Take a look inside with a **Virtual Tour** of Llys Hafren at [www.shaw.co.uk](http://www.shaw.co.uk)



"Llys Hafren is an excellent care home and my dad has settled in well. It is like one big family and would definitely recommend to anyone in need of care".

*Daughter of Resident*







# Food & Nutrition

We employ chefs at our services to deliver varied meals that provide flavour and nutrition.

Our menus rotate monthly and are peppered with family favourites, there are always alternative options to cater for all tastes; fish & chips, roast dinners, pies, soups/casseroles, bangers & mash.

We have communal eating areas with laid tables or individuals can eat in their own rooms if they choose.

Any medical, cultural or religious dietary requirements are included in individual's care plans.

**Shaw healthcare**  
wellness • happiness • kindness

## Sample Food Menu

Our chef prepares all meals on site using fresh, locally sourced produce and can cater for health dietary requirements such as diabetes and also for other cuisine needs.

### Monday

- Option 1. Beef Casserole, Parsley Potatoes, Vegetables  
Option 2. Ploughman's Lunch

### Tuesday

- Option 1. Ham & Parsley Sauce, New Potatoes, Vegetables  
Option 2. Sandwich Selection

### Wednesday

- Option 1. Roast Pork & Apple Sauce, Roast Potatoes, Vegetables & Gravy  
Option 2. Pea & Ham Soup

### Thursday

- Option 1. Chicken Stroganoff & Rice  
Option 2. Mushroom Omelette

### Friday

- Option 1. Breaded Haddock, Fries & Petit-Pois  
Option 2. Cheese Board

### Saturday

- Option 1. Cottage Pie, Peas, Carrots & Gravy  
Option 2. Chicken Curry

### Sunday

- Option 1. Roast Turkey, Cranberry Sauce, Roast Potatoes, Vegetables & Gravy  
Option 2. Ham Salad



# Activities

At our residential services we have activity programmes to promote healthy minds and wellbeing. We adapt our programmes based on the feedback of our individuals and try to promote creativity and enjoyment. Individuals are invited to participate but it is not compulsory.

**Shaw healthcare**

wellness • happiness • kindness

## Sample Activities

Our activity schedules aim to both mentally and physically stimulate participants, they place emphasis on therapeutic enjoyment and provide opportunities to be social.

### Sample Week

#### Monday

AM Water Colour Painting PM Chair Aerobics

#### Tuesday

AM Gardening PM Music Therapy

#### Wednesday

AM PAT Dog Visit PM Bingo

#### Thursday

AM Puzzles & Games PM Arts & Crafts

#### Friday

AM Spa Treatments PM Musical Entertainment

#### Saturday

AM Day Trip PM Bingo

#### Sunday

AM Coffee Morning PM Movie Night





# Cost of Care

Choosing a care home can be a difficult time, understanding the types of care available and how the fees will apply to you.

The fees can vary according to whether you will be Self Funded or Local Authority funded and also on the individual and your care requirements.

Shaw healthcare offer a personalised care plan to ensure all of your needs are fully catered for. We can help you with calculating the cost of care through a Care Assessment to determine what your fees will be.

# The Next Steps

## Call

Call us to discuss your care requirements or to arrange a visit:

**01938 552917**

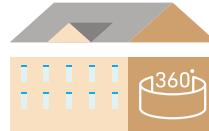
## Email

[marketing@shaw.co.uk](mailto:marketing@shaw.co.uk)

## Arrange a Visit/View

[www.shaw.co.uk/llys-hafren](http://www.shaw.co.uk/llys-hafren)

Take a Virtual Tour.    Read our reviews





# Shaw healthcare

wellness • happiness • kindness



shawhealthcare



@shawhealthcare

